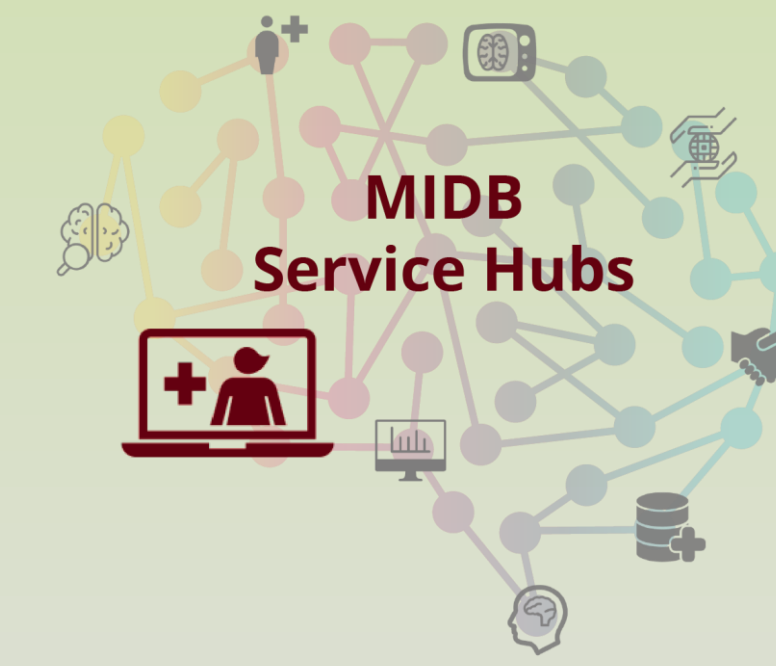


## Building Provider Capacity to Support Children with Developmental and Behavioral Health Needs

University of Minnesota



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TELEOUTREACH CENTER



### ORGANIZATIONAL OVERVIEW

The TeleOutreach Center at the Masonic Institute for the Developing Brain brings together researchers, clinical pediatric providers, and developmental specialists to use technology to understand and to address barriers to assessment and intervention for children, youth, and adults with developmental and mental health needs, and their families.

[Teleoutreach.umn.edu](http://Teleoutreach.umn.edu)

### PROGRAM SPOTLIGHT – What & Why

Our team at the UMN TeleOutreach Center + MIDB Service hub use a variety of telehealth modalities to develop and test innovative ways to improve access to developmental and behavioral health care for children in rural, highly mobile, and/or military-connected families.

### PROGRAM HIGHLIGHTS

The TeleOutreach Center is currently running two, Project ECHO™ series with the goal of extending best practice developmental and behavioral healthcare for children and adolescents to rural regions of Minnesota.

Participants (providers, educators, caseworkers) join to participate in a weekly session, **Thursdays from 12-1pm CST** to engage in the Project ECHO™ framework: Including didactic presentations from University of Minnesota hub team members and spoke presented cases for case-based learning.

**Launching New 13-Week Southern Minnesota Focused Project ECHO®: Telehealth to Support Families of Children with Behavioral Health and Mental Health Needs**



**When:** Thursdays, May 16th - August 8th, 12-1pm  
**Where:** Virtual webinar  
**Who:** Join the University of Minnesota, Masonic Institute for the Developing Brain Hub for didactic and case based learning opportunities.

**Event description:** Please save the dates for the following Project ECHO® series: University of Minnesota's Telehealth to Support Families of Children with Behavioral Health and Mental Health Needs ECHO (13 sessions). Hear from and share with U of M Hub Team members in Developmental-Behavioral Pediatrics, Child and Adolescent Psychiatry, Social Work, Early Childhood Intervention and Special Education. This series is open to all, but is likely most relevant to primary care, pediatric, behavioral health, mental health, and educational providers in South East Minnesota.

**Topics to be covered include:**

1. Primary Care Assessment: Co-occurring Medical Considerations/Overshadowing Behavioral Disorders (Seizure Disorder, Medications, Sleeping, Eating, Pain)
2. Supporting Children and Youth with Challenging Behavior
3. Mood Disorders
4. Hyper Activity Attention Disorder
5. Autism Spectrum Disorder
6. Navigating Special Education and Individualized Education Plans (IEPs)
7. Supporting Healthy Brain Development
8. Fetal Alcohol Syndrome
9. Anxiety Disorders
10. ACEs, historical trauma, and trauma-informed supports.


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MASONIC INSTITUTE FOR THE DEVELOPING BRAIN  
INSTITUTE for COMMUNITY INTEGRATION  
UNIVERSITY OF MINNESOTA

**ECHO**

This ECHO series is free but registration is required. Contact us at [tele4families@umn.edu](mailto:tele4families@umn.edu) with any questions.



**Project ECHO®: Telehealth to Support Families of Children with Behavioral Health and Mental Health Needs Longitudinal Series**



**When:** Thursdays, 12-1pm CST April 4th - December 26th  
**Where:** Virtual webinar  
**Who:** Join the University of Minnesota, Masonic Institute for the Developing Brain Hub for didactic and case based learning opportunities.

**Event description:** Please save the dates for a *Longitudinal ECHO series* (39 sessions) beginning Thursday, April 4th. Hear from and share with U of M Hub Team members in Developmental-Behavioral Pediatrics, Child and Adolescent Psychiatry, Social Work, Early Childhood Intervention and Special Education. This series will allow for deeper dives into *specialty topic sprints* that span multiple sessions, as well as standalone didactics. This series is open to all, but is likely most relevant to primary care, pediatric, behavioral health, mental health, and educational providers. Social work CEUs will be available for this series. This series is free but registration is required. Please complete the short [registration survey](#) to access the meeting registration link.


**Specialty Topic Sprints**

1. Challenging Behavior & Positive Behavior Support
2. ADHD & Complex ADHD
3. Autism Screening, Referral, Evaluation, & Intervention
4. Anxiety & Mood Disorders
5. County Services Available
6. Special Education

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### CONTACT INFORMATION

Please contact the following email for information about provider trainings:  
[tele4families@umn.edu](mailto:tele4families@umn.edu)

### OTHER TELEHEALTH SERVICES

- Delivering clinical services to more families,
- Leveraging technology to provide training and education,
- Connecting quickly with families and providers facing urgent situations,
- Conducting innovative research,
- Building scalable connections with community.

### FUTURE PLANS, VISION, INITIATIVES / CLOSING THOUGHTS

We support researchers in the use of telecom technology to increase broad participation in research and clinical research efforts. We also develop and adapt methodology to conduct research and clinical research in naturalistic settings (e.g., homes). Additionally, we support multi-site networks and data collection, and we reach populations with low incidence needs (e.g., rare disease).

**Splash Session**

**TELEHEALTH EVERYWHERE**  
Region's Premier Telehealth Conference  
May 21-22 in Bloomington, MN  
[www.gptrac.org/conference](http://www.gptrac.org/conference)

