2026

Telehealth Policy Summary

Iowa

Yes Pending No

gpTRAC Great Plains Telehealth Resource & Assistance Center
www.gptrac.org

PARITY

Medicaid Coverage Parity	Commercial Payor Coverage Parity	Medicaid Reimbursement Parity	Commercial Payor Reimbursement Parity

MEDICAID PROVIDERS

ORIGINATING SITES (*all facility fee eligible*):

- Offices of physicians (02, 03), psychologists, social workers, behavioral health providers, habilitation services providers, and advanced registered nurse practitioners (ARNPs)
- Hospitals & CAHs
- CMHCs
- FQHCs/RHCs
- AEAs/LEAs (school-based clinics)

ELIGIBLE PROVIDERS:

- Physicians
- PAs & NPs
- Nurse-midwives
- Behavioral health providers (social workers, marital and family therapists, mental health counselors, certified alcohol and drug counselors)
- CNSs & CRNAs
- Clinical psychologists
- FQHCs

FQHCS
PPS

RPM
YES

Patient-provider relationship can be established via telemedicine

TELEDENTISTRY

Teledentistry can be used by Iowa-licensed providers for **existing** and **new patients** if **informed consent** is obtained and and they follow standard practice guidelines.

MENTAL HEALTH

Commercial payer payment parity for mental health services. Audio-only allowed.

AUDIO-ONLY

Yes - Allowed under specific codes and modifiers, many behavioural health services and limited medical services. Patient-provider relationship must exist.

E-VISITS: Medicaid covers e-visit codes

LICENSURE COMPACTS

Med		Nurse		MH			Therapy				EMS	OTHER	
IMLC	PA	APRN *	NLC	PSY	COUN	SW	PT	OT	Resp	ASLP **	EMS	Dental**	Dietitian**

* Compacts go into effect once signed into law by the requisite number of states

** Compact has been signed by the requisite number of states. Will go into effect once bylaws are established